

EVERY MIND MATTERS: THE FUTURE OF CAMHS

Broadway House, London

Thursday 12th March 2020



Key Speakers



**Central and
North West London**

NHS Foundation Trust

Sarah Hulme



Dr Bernadka Dubicka



Liverpool

Clinical Commissioning Group

Lisa Nolan



Childnet
International

Will Gardner



Catherine Roche

YOUNG MiNDS
fighting for young people's mental health

Deirdre Kehoe

Overview

The number of mental health disorders affecting children and young people has risen starkly in recent years. According to NHS England figures published in 2018, one in eight children aged between 5-19 has a diagnosable mental health condition, yet at the same time Child and Adolescent Mental Health Services (CAMHS) is the most critically overstretched area of the mental health system with four out of five service providers unable to meet local demand.

With over half of all lifetime cases of mental health disorders beginning in childhood, the Government is determined to address the growing crisis in mental health provision for children and young people. Building on the *Five-Year Forward View for Mental Health* published in 2016 and the 2017 *Children and Young People's Mental Health Green Paper*, the Government has pledged to provide access to NHS-funded mental health services for an additional 345,000 children and young people by 2023/24. At the heart of the new mental health framework is a drive to improve waiting times, enhance integration between schools, colleges and mental health services, provide better support for families and raise awareness of mental health issues.

In July 2019, the Education Secretary outlined the next steps in bringing together services for young people in need of mental health support, with the national roll out of a £9.3m training scheme to strengthen joined up care and support across schools, colleges and specialist NHS services. It is hoped that the provision of better mental health training in schools along with the introduction of compulsory health education lessons from 2020 will reinforce early intervention strategies to identify mental health issues before they become more acute.

This timely symposium offers an invaluable opportunity for schools, colleges, NHS and mental health practitioners to understand the changing national CAMHS policy framework and examine how the latest initiatives can bolster local partnership working and help to embed a more holistic approach to children and young people's mental health provision. The symposium will explore how to promote better mental health and wellbeing for young people, enhance commissioning frameworks and boost support and access to services to ensure that every young person receives the care and support they need to fulfil their potential for a healthy and happy life.



Why Attend?

- Receive a policy update on the changing national CAMHS framework
- Examine the impact of the new initiatives on local service provision and early intervention strategies
- Learn from best practice examples of effective partnership working to drive local improvements in mental health provision for children and young people
- Share innovative ideas, exchange knowledge and network with stakeholders from across the school/college, NHS, mental health services, local government and voluntary sector



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Programme

09:15 *Registration and Morning Refreshments*

10:00 **Chair's Welcome and Opening Remarks**

10:10 **Keynote Address: Transforming Child and Adolescent Mental Health and Wellbeing through Partnership**

- The National Context – Addressing the rising prevalence of mental health disorders in children and young people
- Progress made since the *Five-Year Forward View for Mental Health* and the *2017 Green Paper*
- Reducing waiting times to access specialist mental health services – Examining the rollout of *Four-Week Waiting Time Pilots*
- Enhancing partnerships with schools and colleges – Analysing the role of the new *Mental Health Support Teams (MHSTs)* in driving improvements in child and adolescent mental health provision

11:00 *Morning Refreshments*

11:15 **Morning Panel Session: Prevention and Early Intervention at the Heart of CAMHS**

- Implementing a 'Whole-School Approach' – Embedding support in schools to improve emotional wellbeing and resilience of pupils
- Raising awareness – Upskilling staff and parents to be able to identify and intervene earlier
- Providing Trauma Informed Support – Identifying and supporting children and young people with adverse childhood experiences
- Ensuring culturally competent services and working with underrepresented groups – Looked after children, LGBTQ+, minority/BME, disabled children and young people, young carers and young people within the youth offending service
- Exploring the impact of social media and cyberbullying on young people's mental health

12:15 **Discussion Groups**

12:30 **Question Time: Morning Panel Debate**

13:00 *Networking Lunch*

13:45 **Afternoon Panel Session: Every Mind Matters – Improving Mental Health Provision for Children and Young People in *Every Area***

- Enhancing Joined-Up Working between mental health providers, public health, the NHS, education providers, children's services, the police, community organisations and young people and their families to drive improvements in CAMHS services
- Designing and developing Local Transformation Plans (LTPs) in partnership to ensure services are effectively commissioned to meet local demand
- Improving integration between schools, colleges, NHS staff and local services through the new Mental Health Support Teams (MHSTs)
- Ending the Cliff Edge – Improving the transition from CAMHS Services to Adult Services and providing a Comprehensive Offer from 0-25

14:45 *Afternoon Refreshments*

15:00 **Discussion Groups**

15:15 **Question Time: Afternoon Panel Debate**

15:55 **Chair's Summary and Closing Comments**

16:00 *Networking Reception*



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DELEGATE FEES [per place]				
Category:	1 place		2+ places	
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Central Government / NDPBs / Executive Agencies	<input type="checkbox"/>	£ 395 + vat	<input type="checkbox"/>	£ 345 + vat
Local Authorities / Schools / Education / NHS / Police / Fire / NGO / Third Sector	<input type="checkbox"/>	£ 295 + vat	<input type="checkbox"/>	£ 265 + vat
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Total no. places: _____ Dietary Requirements (if any): _____

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Government Procurement Card (GPC) <input type="checkbox"/>	<input type="checkbox"/> MasterCard	<input type="checkbox"/> VISA / VISA Debit	
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